

Certificate In  
The

# ART OF SPIRITUAL DIRECTION

Center for  
Spiritual  
Development



a joint offering with

LOYOLA MARYMOUNT  
UNIVERSITY  
CENTER FOR RELIGION AND SPIRITUALITY

CHANGE SERVICE REQUESTED

Center for  
Spiritual  
Development



A Ministry of the  
Sisters of St. Joseph of Orange

434 South Batavia Street  
Orange, CA 92868-3907  
(714) 744-3175

OUR REAL JOURNEY IN LIFE  
IS INTERIOR; IT IS A MATTER OF  
GROWTH, DEEPENING, AND AN EVER  
GREATER SURRENDER TO THE CREATIVE  
ACTION OF LOVE

T. MERTON

# CERTIFICATE IN THE ART OF SPIRITUAL DIRECTION... A 3 YEAR PROGRAM

## Purpose of Program

1. To integrate theology, psychology and spirituality in the art of spiritual direction.
2. To provide growing confidence and competence in the skill of spiritual direction.
3. To experience supervision as a Spiritual Director in the internship year (Year 3).

## Our Program Philosophy Is Based On:

- Faith in a personal God who enters directly into our lives.
- An incarnational reality of God's desire to be in relationship with the human person.
- Discernment: understanding religious experience in terms of the total human experience, recognizing the movements of the Spirit within.

## Who May Attend?

Men and women of all cultures and faith traditions in whom there is a recognizable call to the ministry of Spiritual Direction and who seek formal preparation.

## Pre-Requisites

- Be in spiritual direction for at least one year
- Be in a faith community
- Be committed to a life of prayer
- Previous experience in Christian Ministry or Religious Education
- Interview with the Faculty at the Center for Spiritual Development
- Minimum Age 35

The content of the program will focus on studies and practices in the areas of psychology, spirituality, theology and skills for the spiritual director.

## Course Information

Offered on one Saturday of each month, January through October, 9am-4pm.

Sessions feature content, guided reflection questions, reading and journaling.

Years 2 & 3: afternoon mentoring sessions feature practicum and process based on the morning presentation.

Adherence to Attendance Policy is essential.

## Assessments

- Reading and related assignments to be submitted
- Practicum under the supervision of experienced directors
- Individual supervision

Students must satisfactorily complete each of the three years of the program in order to be awarded the **Certificate in The Art of Spiritual Direction**. Students are enrolled in three courses for Loyola Marymount University, one for each year, as follows:

Year One	- RELX 891 ART OF SPIRITUAL DIRECTION I
Year Two	- RELX 892 ART OF SPIRITUAL DIRECTION II
Year Three	- RELX 893 ART OF SPIRITUAL DIRECTION III

**FEE: \$600 per year**

## ADMISSION APPLICATION

### Please include:

- Autobiography (approximately 2 pages)
- 2 Recommendations:  
Spiritual Director or Mentor  
Supervisor or Major Superior  
Pastor or Rabbi
- Enclosed \$50 non-refundable application fee

TITLE \_\_\_\_\_  
FIRST NAME \_\_\_\_\_  
LAST NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
TELEPHONE (DAY) \_\_\_\_\_  
TELEPHONE (EVENING) \_\_\_\_\_  
Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  Male  Female  
SSN \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_

Following admission application, interview will be arranged. Admission will be confirmed by a letter of acceptance following interview.

Admission Application must be received before  
**November 1**  
**Enrollment is limited; please apply early.**

Send Admission Application to  
Margaret Scharf, OP at

**Center for  
Spiritual  
Development** 

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